

Kit List & Information



Shorts and t shirt or wetsuit (jeans and tight trousers are not suitable) a jumper or fleece as it can be cold on the water

Bathers and towel & change of clothes

Long hair must be tied up, and it is advisable not to wear watches or jewellery whilst sailing as they are a safety hazard

Wetsuit boots / old trainers / or other suitable waterproof footwear are essential, flip flops are not suitable. Nobody is permitted to go barefoot, as there are many hazards on the ground around the trust.

Suntan cream and a sun hat / cap

If you suffer from seasickness then please take a tablet prior to coming down or bring seasickness tablets or arm bands with you

If you are on an activities week/full day course please bring packed lunch & drink

Facilities at the Guernsey Sailing Trust

RYA trained dinghy instructors.

Safety boats

Buoyancy aids & waterproofs

Club room/ use of Guernsey Yacht Club changing / shower rooms (which must be left clean and tidy when finished)

Please note we cannot be held liable for any valuables left at the trust, we do have a valuables box which is left in the office during the day in which items may be placed.